



*glo*

DAY SPA | SALON | BEAUTY | BRIDAL

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FOR VANITY AND SANITY

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Glo is the result of the vision and inspiration of Australian Georgia Sutherland who has passionately worked in the spa, salon, and wellness industry for over 20 years. Georgia is blessed to call Bali her island home.

## Glo Hair Spa & Salon

Glo Salon is a full service salon managed by our Australian senior stylist. We specialize in wedding hair and makeup. Our salon staff has expertise in colour correction, colour and highlighting, plus precision styling and cutting. Our extensive industry training and strong technical abilities ensures that your visit to Glo is a totally beautifying experience! No more bad hair days in Bali. Come in for your complimentary consultation with one of our talented Glam Squad

<b>Ladies Hair Cutting Service</b>	Stylist	Senior Stylist
Ladies cut - wet finish	<b>Rp. 250.000</b>	<b>Rp. 450.000</b>
Ladies cut + blow dry	<b>Rp. 450.000</b>	<b>Rp. 550.000</b>
Ladies restyle + blow dry	<b>Rp. 550.000</b>	<b>Rp. 650.000</b>

### **Blow Outs - Blow Dry Styling**

Ladies blow dry	Short	<b>Rp. 200.000</b>	<b>Rp. 250.000</b>
	Medium	<b>Rp. 250.000</b>	<b>Rp. 300.000</b>
	Long / Thick	<b>Rp. 300.000</b>	<b>Rp. 350.000</b>

**See our Glam + Glo Dry + Style Packages.**

### **Childrens Cutting Services**

Children up to 12 years	<b>Rp. 150.000</b>	<b>Rp. 200.000</b>
Wash + Blow Dry	<b>Rp. 150.000</b>	<b>Rp. 200.000</b>

### **Colour Services**

Explore our extensive colour selection to find the perfect shade to suit different skin tones and hair types. Our colourist will delve into details about the best way to keep your colour vibrant. Join our Colour Club for routine services - just ask at reception.

	Stylist	Senior Stylist
Re-growth	<b>Rp. 650.000</b>	<b>Rp. 750.000</b>
Full Colour Tint	<b>Rp. 750.000</b>	<b>Rp. 900.000</b>
Toner only	<b>Rp. 550.000</b>	<b>Rp. 650.000</b>

### **Highlights - Lowlights - Twilights - Balayage**

Multi-dimensional colour. Tone-on-tone highlight adds movement, depth and interest to your hair. Our colourist will discuss colour choice and technique to suit your hair style and desired look.

Stylist	From <b>Rp. 650.000</b>
Senior Stylist	From <b>Rp. 850.000</b>

### Little Extras

Our menu price acts as a guide only. Glo professionals have different levels of training and experience and prices reflect seniority. Additional charges may be added depending on the length of time, thickness of hair and the amount of product used to create your new look. Please request price before commencing service.

Medium length or thick hair	add	<b>Rp. 200.000</b>
Long hair	add	<b>Rp. 300.000</b>
After colour toner		<b>Rp. 300.000</b>
Fanola no yellow shampoo		<b>Rp. 250.000</b>

### Olaplex- The Game Changer

A simple three step process using a patented active ingredient that works on the molecular level to seek out broken bonds in the hair that are caused by chemical, thermal, and mechanical damage. You can use Olaplex to restore compromised hair, or add it to another service to provide the ultimate breakage insurance.

**Step 1, 2 + 3** **Rp.1.400.000**

**It's a Miracle** **60 minutes** **Rp. 750.000**

Tired tresses are brought back to life with our miracle fluid by Olaplex, an intensive treatment that repairs damaged bonds leaving your hair feeling fresh and new! Enjoy a refreshing neck and shoulder massage and our signature blow dry. This really is a miracle!

**Mane Control** **30 minutes** **Rp. 350.000**

Tame those tresses with our express intensive Olaplex treatment for coarse or damaged hair. Your hair will feel healthier, have more shine and be more manageable.

### Add ons

Olaplex - 1, 2 with colour service		<b>Rp. 750.000</b>
Additional product		<b>Rp. 150.000</b>
Blow dry	stylist <b>Rp. 200.000</b>	senior stylist <b>Rp. 250.000</b>
Olaplex Step 3 - at home treatment		<b>Rp. 800.000</b>
Add Collagen Eyes to any treatment		<b>Rp. 40.000</b>
Add Collagen Lip to any treatment		<b>Rp. 35.000</b>

**Hair Glossing** **Start from** **Rp. 550.000**

Our Hair Gloss service will add incredible shine and replenish colour to your hair. The intended outcome of using a hair gloss is a longer-lasting and more vibrant hair colour and shine.

### **Hair Botox (Hair Filler)**

Hair Botox is a chemical free deep conditioning treatment which coats the surface of the hair, filling in split ends and fending off frizz making hair appear fuller and more lustrous. This treatment requires a series of services for best results.

**Rp. 450.000**

4x treatments **Rp. 1.200.000**

### **Keratin Treatment**

Price on consultation

Keratin is a protein naturally found in our hair that provides a protective shield around the hair follicle, exposure to the sun, pollution, and heat styling tools can cause damage to that shield, leaving the hair brittle, lifeless, and frizzy. As such, smoothing treatments formulated with keratin can help repair damaged hair follicles, as well as the condition and revive dull-looking strands.

### **Smooth Me Over - Chemical Relaxing Straightening**

Reduce the frizz factor in your hair with our specially formulated permanent chemical relaxing treatments. Price on consultation.

### **Corrective Colour**

Price on request

If you've had a home hair colouring disaster, or a bad colour experience in another salon, we will correct and transform your hair to your original style desire. Our expert colour team will provide a price on consultation.

### **Hair Extensions**

Price on consultation

Want long or thicker hair? Or change colour without the chemical damage? Done in a half a day with amazing results.

Our hair is 100% Remy and we offer clip in, Micro Ring and Keratin Bonded.

Book your complimentary consultation with one of our stylists. We can install and service all including weft and tape extensions. (We do require 50% deposit to order Hair Extensions)

### **Special Occasion Styling**

Do you have a special event and need some help to look fabulous? Our stylists have extensive experience from classical elegance to cutting edge contemporary styles. The session includes a wash and blow dry.

Upstyle	Basic	<b>Rp. 500.000</b>
	Complex	<b>Rp. 850.000</b>
French braiding		<b>Rp. 350.000</b>
Childrens French braiding		<b>Rp. 150.000</b>

### **Hair accessories**

Hair feathers	<b>Rp. 95.000 / pc</b>
Hair tinsel or colour extension	<b>Rp. 40.000 / pc</b>

### **Cream Bath Hair Spa**

Indonesian women are renowned for their sleek, lustrous locks and part of their secret is a hair treatment known as a Hair Cream Bath. The 'bath' is a thick coat of conditioner that is meticulously massaged into your scalp and through every strand of hair. Penetration is the key, so while the cream is working on softening, strengthening and glossing your hair, the therapist's fingers work their own massage magic on your neck and shoulders.

Traditional Cream bath	<b>60 minutes</b>	<b>Rp. 260.000</b>
Intense Goldwell Moisture cream bath	<b>60 minutes</b>	<b>Rp. 325.000</b>
Add on blow dry		<b>Rp. 200.000</b>
Flat Iron or Curling	<b>add</b>	<b>Rp. 150.000</b>

### **Warm Stone Hair Revival** **90 minutes** **Rp. 450.000**

Our extremely nourishing and hydrating package includes a wash, conditioner application and scalp massage. Our awesome hot stone neck, shoulder and upper back massage will leave you rejuvenated. Hair is steamed, while your arms and hands are massaged. Finish off with our signature blow dry.

### **Warm Stone Creambath** **60 minutes** **Rp. 325.000**

### **HELLO Hair Moisturize Drench** **60 minutes** **Rp. 600.000**

Sit back and relax as your hair and scalp is massaged for 30 divine minutes with HELLO Hair hydrating mask exclusive to Glo! Your scalp is wrapped in a special HELLO Hair hair towel and under the steam you go for ten minutes while you have a hand and arm massage. The treatment is finished with rinse and blow dry. You keep the remaining HELLO Hair product, which is enough for 3-4 more treatments at home, plus the hair towel.

### **Scalp + Dandruff Treatment** **30 minutes** **Rp. 300.000**

An exfoliating spa scrub containing natural spa water, white clay, piroctone olamino, and essential oils of juniper and pine, which removes the dandruff and prevents reoccurrence, improves cell metabolism and oxygenation and calms irritated scalps.

### **Chlorine Green Removal** **30 minutes** **Rp. 300.000**

Our Malibu C – naturally removes hard water deposits and impurities leaving hair instantly softer, shinier and full of swing. It eliminates brassiness, discoloration and damage caused by mineral absorption. The vitamin infused formula deeply penetrates the hair for superior results.



Men's cut + Style		Stylist
	includes wash, scissor and clipper cut, scalp massage and styling plus stray hair removal.	<b>Rp. 200.000</b>
Buzz Cut		<b>Rp. 180.000</b>
Styling + shaping with clippers	additional	<b>Rp. 100.000</b>
Face Gillette razor shave		<b>Rp. 140.000</b>
Traditional wet shave		<b>Rp. 150.000</b>
Vitaman Premium wet shave		<b>Rp. 380.000</b>
Full head shave		<b>Rp. 200.000</b>
Traditional wet shave, Haircut + Style		<b>Rp. 300.000</b>
Beard trim with clippers		<b>Rp. 100.000</b>
Moustache Trim		<b>Rp. 60.000</b>
add on :		
30 minute seated sports massage		<b>Rp. 150.000</b>
30 minute add on reflexology		<b>Rp. 125.000</b>
Add Collagen Eyes to any treatment		<b>Rp. 40.000</b>
Add Collagen Lip to any treatment		<b>Rp. 35.000</b>

## Make Up

Our sumptuous make-up kit is loaded with luxury products perfectly designed for Bali's unique conditions. We use highly pigmented, waterproof and long lasting products that remains fresh and natural under the heat. Our professional lines include Temptu, Make-up Forever, Nars, Cinema Secret, Anastasia Beverly Hill, YSL, Bobbi Brown, MAC and Urban Decay - to name a few.

Eyes Only	<b>Rp. 325.000</b>
Temporary lashes	<b>Rp. 90.000</b>
Day make up	<b>Rp. 550.000</b>
Special occasion make up	<b>Rp. 850.000</b>
TEMPTU Airbrush make up add	<b>Rp. 250.000</b>
Bridal and Weddings	<b>Price on Request.</b>



### **Rejuvenating Signature Facial      60 minutes      Rp. 560.000**

The VITAMAN De-Stress Face treatment combines an effective and masculine product to cleanse and rejuvenate your skin while VITAMAN's unique male specific massage technique relaxes the shoulders, neck, and jaw areas. This world-renowned treatment suits all ages and skin types. The massage is followed by a facial treatment full of protective and restorative extracts such as Australian lemon myrtle, blue cypress oil, Kakadu plum and wild rosella flower.

**Express Signature Facial                      30 minutes    Rp. 295.000**

The VITAMAN Express Facial is an accelerated version of our De-Stress Signature Face treatment. Designed specifically for the busy guest, this exceptional stressing relieving facial technique offers a truly unique experience for guests of all ages.

**Signature Sports Massage                      60 minutes    Rp. 400.000**

Designed for the sports enthusiast to alleviate muscular soreness from hard exercise. This deep tissue, tension-draining massage works to ease and eliminate the pain and stiffness accompanying joint and muscle strain. Relax and soothe tired muscles with VITAMAN's unique Sport Massage Oil. VITAMAN's Desert Muscle Rub is also used in this treatment on isolated area's to instantly revive.

**Premium VITAMAN Hot Shave                      45 minutes    Rp. 380.000**

This fine shave is unlike any other! If you love the experience of traditional hot shaving then this takes it to the next level. Hot towels are used to warm, soften, and lift the beard growth and increase blood circulation. Cleansing is important to balance the skin. VITAMAN's unique shaving products provide the ultimate skin barrier, with natural plant emollients providing soothing, moisturising and healing properties, which assist in the perfect shave. After care is import for calming and soothing irritated skin by protecting and alleviating heat, redness and inflammation. This is followed by a calming facial to finish this amazing experience.

**Seated Scalp Treatment + Massage    30 minutes    Rp. 225.000**

This seated massage is performed in an upright position in the salon, enabling a sensational upper back, shoulder, neck and scalp massage plus a conditioning hair and scalp treatment. Perfect for an itchy, dry and irritated scalp.

**De Stress Back Facial + Massage    60 minutes    Rp. 350.000**

This exceptional stress relieving back treatment offers a uniquely Australian experience and soothes deep down muscular backaches. It includes VITAMAN's exclusive muscle relaxing back massage technique using our specially formulated massage wax. The intense and specific attention given to the much-neglected areas of the back and produces fantastic results in refining the skin, healing congestion and smoothing the rough skin.

## **Manicure & Pedicure**

Our expert Glo nail technicians have received specialist training in Glo service methods, nail hygiene and sanitation to present you with the most heavenly hands and fabulous feet possible.

All of our instruments and equipment are either disposable or made from stainless steel and are sanitised prior to each use. We offer unparalleled sanitation methods that adhere to, and follow strict industry standards and guidelines.



To ensure polish remains smudge, streak and scuff free, we recommend allowing some post treatment time of at least 15 minutes after the manicure and pedicure. Should you smudge a nail within 24 hours, comeback and we will re-do it for free!

**Precision Manicure 45 minutes Rp. 195.000**

An express, but detailed manicure, with hand soak, cuticle grooming, expert shaping and precision painting. For those needing a fast Glo!

**Precision Pedicure 45 minutes Rp. 199.000**

A swift, but meticulous basic pedicure including soaking, de-roughing, clipping, trimming, expert shaping and precision painting. Perfect for those on the run!

**Spa Manicure 60 minutes Rp. 290.000**

Hands are soaked and cleansed, exfoliated and massaged, cuticles groomed, nails shaped and polished to perfection, using CND products. You've got to hand it to us!

**Spa Pedicure 60 minutes Rp. 300.000**

Feet are soaked and cleansed, exfoliated and massaged, rough skin removed, cuticles groomed, nails clipped, buffed, filed and polished to perfection, using CND product. Step out in style!

**Glo Manicure 75 minutes Rp. 360.000**

Includes the spa manicure plus a wonderful paraffin hand treatment. Your hands shall Glo!

**Glo Pedicure 75 minutes Rp. 370.000**

Includes the full spa pedicure plus a soothing and cooling CND foot mask, it's toe-rrific!

**Men's manicure 45 minutes Rp. 175.000**

**Men's pedicure 45 minutes Rp. 185.000**

**Extras**

- French polish Rp. 70.000
- Painted nail art - full set Rp. 120.000
- Rhinestone art + decal art x 2 Rp. 25.000
- Toe or finger wax Rp. 10.000
- Paraffin dip for hands or feet Rp. 85.000
- Nail repair with glue /nail Rp. 15.000
- Callus blading Rp. 85.000
- Foot Scrub Rp. 85.000
- add any sheet face mask Rp. 50.000
- Add Collagen Eyes to any treatment Rp. 40.000
- Add Collagen Lip to any treatment Rp. 35.000

### **More Massage Please !**

Add to your mani or pedi a relaxing foot or head massage for extra indulgence!

Extra 15 minutes of head and shoulder massage **Rp. 85.000**

Extra 15 minutes of foot massage **Rp. 85.000**

### **Colour change -15 minutes**

It's out with the old and on with the new! **Rp. 150.000**

## **BIO SCULPTURE GEL SERVICES**

Exclusive to Glo – our Bio Sculpture manicure and pedicure treatment are performed by our highly trained Bio Sculpture nail technicians. Our Bio Sculpture Gels are all '5 FREE' non- toxic and 100% vegan friendly and cruelty free. Bio Sculpture gel has undergone independent clinical testing and been awarded a 5 star safety rating, giving your nail a beautiful, damage free experience. All gel services are dried using Bio Sculpture LED lamps, which has been tested by an independent Australian Government Agency to assure they are safe.

**Classic Bio Sculpture Gel Manicure **Rp. 600.000****

**Four layers – in 60 minutes lasting 4-6 weeks**

Nails and cuticles are shaped and tidied, followed by Bio Sculpture Gel overlay application and finished with a relaxing hand massage. Ideal for short healthy nails.

**Classic Bio Sculpture Gel Pedicure **Rp. 600.000****

**Three layers in 60 minutes lasting 4-6 weeks**

Sit back and be pampered while your feet are soaked, filed, cuticles tidied and a beautiful application of your choice of Bio Sculpture Gel and finished with a foot massage.

**The Signature Bio Sculpture Gel Manicure **Rp. 750.000****

**Five layers for long or damages nails**

This signature Bio Sculpture manicure takes nail care to a whole new level. Included is a customised nail analysis and strengthening treatment designed specifically for your nail type. Enjoy a full manicure with the five-layer gel overlay. Highly recommended for long nails, damaged or uneven nail types, weak nails that need extra strength, or those who recently had acrylic nails.

**Express Bio Sculpture Gel Application **Rp. 450.000****

**Four layers lasting 4-6 weeks**

If you just had a manicure up to three day ago, this is for you as it is a simple nail prep followed by gel overlays.

### **Nail Extensions – Tips, Sculptured or Silk**

Tip extensions	<b>Rp. 800.000</b>
Silk extensions for nail biters.	<b>Rp. 800.000</b>
Sculptured gel.	<b>Rp. 900.000</b>

Our flexible gel formula adheres and protect the nail while achieving beautiful, natural looking extensions that are designed to fit your nail perfectly!

### **Gel Infill - extensions only**

Rebalance your gel or tip extension with a Bio Sculpture infill so they look as good as new! For acrylic wearers – we can convert you over to the healthier alternative, Bio Sculpture Gel. Enjoy improved strength and nail support without damaging drills or harsh chemicals!

Infills <b>Rp. 500.000</b>	Acrylic Conversion <b>Rp. 600.000</b>
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### **Bio Sculpture Gel Removal**

A gentle, non-damaging gel removal process, ensuring gel is removed without harming your natural nail, leaving your cuticles well hydrated and nourished.

Gel overlay with any service	<b>Rp. 100.000</b>
Gel overlay removal, nail tidy and hydration	<b>Rp. 200.000</b>
Extension removal, nail tidy and hydration	<b>Rp. 250.000</b>

\*Please note: Prices are for Bio Sculpture Gel removal only. Removal of other gel products may incur extra charges.

\*\* SNS removal add Rp. 50.000 to above.

### **ADD ONS**

Fix and repair - per nail	<b>Rp.100.000</b>
We can fix it! Repair a torn, split or broken nail with Bio Sculpture Gel.	
Extensions per nail	
Tips	<b>Rp. 150.000</b>
Silk	<b>Rp. 150.000</b>
Sculptured	<b>Rp. 200.000</b>
Add Collagen Eyes to any treatment	<b>Rp. 40.000</b>
Add Collagen Lip to any treatment	<b>Rp. 35.000</b>

### **French finish **Rp.100.000****

Classic or coloured French finish to your manicure or pedicure nail art

Add a feature nail or design your own signature nail art look. Can be added onto any gel service

## **Creative Nail Design Shellac**

Good-bye nicks, chips and smudges! Hello beautiful fingernails for up to two weeks and beautiful toenails for up to a month! This game-changing product applies like polish, and lasts with high gloss shine. Cured by a UV light so there is zero drying time. Hypo-allergic and free of DBP, toluene and formaldehyde. Say goodbye to frustration and say hello to pure satisfaction!

Add on to manicure or pedicure:

Shellac polish in just 10 minutes	Rp. 140.000
Shellac removal from another salon - 10 minutes	Rp. 125.000
Shellac removal from us - 10 minutes	Free
Shellac polish change- 20 minutes	Rp. 220.000

\* no cuticle grooming this is colour change only.

### **Colour GEL from Japan that last up to 4 weeks – only at Glo Sanur**

Add on to any nail service	Rp. 130.000
Polish changes	Rp. 220.000
Removal of Glo gel is free - other salon	Rp. 125.000
French gel	Rp. 60.000
Colour gradation	Rp. 75.000
Glitter decoration	Rp. 75.000

### **Chrome Nails**

Gel chrome mirror nails - gold or silver polish	Rp. 250.000
Gel chrome mirror nails - gold or silver polish	Rp. 350.000

### **Kiddie Manicure + Pedicure up to 12 years**

Filling, shaping, buffing and polishing without touching those little cutie – cules! We use our own signature yummy scented Glo lotion of coconut and vanilla. Shakes and sodas also available from Glo Bar.

Mini me pedicure - 30 minutes	Rp. 85.000
Mini me manicure - 30 minutes	Rp. 85.000
Colour changes for kids	Rp. 60.000
Nail art for kids - full set	Rp. 70.000

### **Wax Hair Removal**

We perform quick, expert and near painless male and female hair removal waxing treatment. Banish unwanted hair from practically anywhere!

### **Wax'n Buff For Her ...**

#### **Mancine Hard Wax :**

eyebrow style and re-shape - 15 minutes	Rp. 150.000
Upper lip - 5 minutes	Rp. 120.000
Nose - 5 minutes	Rp. 60.000
Chin - 5 minutes	Rp. 100.000
Cheeks - 5 minutes	Rp. 160.000
Forehead - 10 minutes	Rp. 125.000
Underarm - 15 minutes	Rp. 165.000
Bikini line - 20 minutes	Rp. 230.000
G-string (with reduced triangle) - 30 minutes	Rp. 255.000
Brazilian - 30-45 minutes	Rp. 310.000

*Absolutely clear and tided underneath,  
you can chose to leave a racetrack strip.*

**Mancine Olive Oil Strip Wax :**

Half arm - 20 minutes	<b>Rp. 185.000</b>
Full arm - 25 minutes	<b>Rp. 215.000</b>
1/2 leg - 20 minutes	<b>Rp. 255.000</b>
3/4 leg - 30 minutes	<b>Rp. 310.000</b>
Full leg - 45-60 minutes	<b>Rp. 355.000</b>
Snail trail - 5 minutes	<b>Rp. 100.000</b>

Add a **Karuna Face Mask** to any waxing service for only **Rp. 100.000**

**Rig Work For Him....****Mancine Hard Wax :**

Nose - 5 minutes	<b>Rp. 60.000</b>
Ear - 5 minutes	<b>Rp. 60.000</b>
Speedo line - 20 minutes	<b>Rp. 240.000</b>
G-string xx - 30 minutes	<b>Rp. 275.000</b>
Man-zillian xxx - 45 minutes	<b>Rp. 335.000</b>
Backside - 20 minutes	<b>Rp. 240.000</b>

**Mancine Olive Oil Strip Wax :**

Neck - 10 minutes	<b>Rp. 160.000</b>
Back + Shoulders - 30 minutes	<b>Rp. 310.000</b>
Chest - 25 minutes	<b>Rp. 275.000</b>
Stomach - 15 minutes	<b>Rp. 250.000</b>
Chest + stomach - 30 minutes	<b>Rp. 475.000</b>
Half leg - 30 minutes	<b>Rp. 310.000</b>
Full leg - 45-60 minutes	<b>Rp. 465.000</b>
Half arm - 25 minutes	<b>Rp. 230.000</b>
Full arm - 40 minutes	<b>Rp. 280.000</b>

**Threading...The Old Tradition**

Threading is a time old tradition of hair removal practiced in many Asian and Arabic nations and has gained popularity in the West. Hair is removed in an entire row resulting in a straighter line. Your practitioner uses twisted cotton thread to pull out the hair at the roots, leaving the area hair free.

Eyebrow style - 15 minutes	<b>Rp. 150.000</b>
Upper lip - 15 minutes	<b>Rp. 120.000</b>
Cheeks - 15 minutes	<b>Rp. 140.000</b>
Full face - 15 minutes	<b>Rp. 350.000</b>
Chin - 15 minutes	<b>Rp. 80.000</b>

**Brows and Lashes**

**Brow Lamination - 45 minutes** **Rp. 650.000**

Brow lamination relaxes & smoothes the brow hair upwards, giving them a fuller & fluffier look! This lasts up to 6 - 8 weeks. This service includes brow styling (wax, tint, tweeze) and lamination.

### **Glo Brow Styling**

Refectocil eyelash tint - 15 minutes	<b>Rp. 175.000</b>
Refectocil brow tint - 10 minutes	<b>Rp. 150.000</b>
Shaped + Tinted to Perfection	<b>Rp. 300.000</b>
Eyelash perming - 30 minutes	<b>Rp. 350.000</b>
Ellebana eyelash lift - 30 minutes	<b>Rp. 500.000</b>

### **Henna Brows by Mancine**

The newest revolutionary product in the brow industry. Henna effectively 'stains' the skin more affectively than tinting and lasts between 2-4 weeks. This treatment includes an Anastasia Beverly Hills brow wax and style .

Rp. 500.000

### **Eyelash Extensions**

**90 - 120 minutes**

No more messy mascara needed! Add more lashes per eye with 8 mm to 14 mm in length. Made from silk fibers, grafted onto your own lashes, the extensions last up to 4 weeks. Go for a natural look with J curl or glamour plus with the C curl. We have two thicknesses - 0.15gram for a natural look or 0.2 grams for a more dramatic style.

Choose from coloured corner lash enhancers in red, blue or turquoise.

20 to 30 lashes	natural classic	<b>Rp. 599.000</b>
50 to 70 lashes per eye	maxi volume	<b>Rp. 700.000</b>
Russian volume lashes		<b>Rp. 700.000</b>

### **Re-fill Set**

**Rp. 350.000**

Top up in 30 minutes with a maximum of 10 lashes per eye

Other salon lash removal **Rp. 350.000**

Do not swim or wet face for 48 hours after application

### **Spray Tanning**

Get that tropical tan and bronze island glow in just 10 minutes with instant bronzing colour and no sun damage. Naked Tan professional spray on system is imported from Australia and is fast, safe and leaves you 'glo-ing' for up to 7 days. For best results, exfoliate several hours prior to treatment. Wear loose, comfortable , dark coloured clothes and do not use any moisturizer, deodorant or make-up prior to treatment. It is advisable not to swim, sweat or take a shower for at least 8 hours after your tan application.

### **NAKED TAN - 10%, or 15% - 2 hour tan**

Casual session	<b>Rp. 350.000</b>
Casual session with body brushing	<b>Rp. 450.000</b>
Double spray	<b>Rp. 300.000</b>
Legs + butt only	<b>Rp. 250.000</b>
Face + neck only	<b>Rp. 200.000</b>

**STEM CELLS PHYTO-ELITE™****Complete Age reversal****Ideal for over 35****60 minutes****Rp.1.450.000**

This ground breaking, freeze-dried treatment redefines the anti-aging facial! Powered by two plant stem cell formulas of argon and comfrey plus a mask and cream with supercharged anti-agers including collagen, retinal, elastin and other key repairing actives. The treatment dramatically reduces lines and wrinkle depth, improves elasticity and epidermal density, brightens and evens skin tone, heals, repairs and plumps skin. Not recommended for hypersensitive skin.

**ESCUTOX® CAVIAR & PEARL LUXE****Age Repair + Intense Hydration****Ideal for over 35****75 minutes****Rp. 1.300.000**

A true solution for luminous skin. This opulent anti-aging treatment lavishes your skin with pure caviar extract and pearl extract plus a revolutionary blend of phyto-extracts : Escutox. It Improves elasticity, increases skin oxygenation and dramatically reduces expression lines and wrinkles. Best for mature, dull and dehydrated skin.

**LUMAFIRM® LIFT AND FIRM****On demand Firming + Pigmentation****Ideal for 30 years+****60 minutes****Rp. 1.100.000**

Seeking a treatment with an amazing instant result? The Pevonia Lumafirm® Lift and Firm facial treatment renders your skin luminous with a firmer, tighter and more youthfully defined appearance. This remarkable Lumafirm mask and cream is combined with elastin polypeptides with sorghum and its powerful repairing and tightening benefits. It is ideal for any skin type showing signs of aging and works as an ideal instant repair boost when you want look your absolute best!

**MICRO RETINOL™ - DEEP PEEL AND ANTI - AGING****Corrective and Resurfacing****Ideal for over 25****60 minutes****Rp. 1.100.000**

Resurfacing alternative to laser/microdermabrasion/peel. Ideal for sun damaged skin and mature skin, hyperpigmentation and advanced signs of aging as well as smokers and surfers skin. It smooths fine lines and wrinkles and reduces acne scars. There is no downtime and it is the perfect way to fast and flawless skin. Not recommended for hypersensitive skin and inflamed acne or during pregnancy

*Four consistent sessions are recommended for the optimum result*

**OPTIMAL RADIANCE**  
**Ideal for over 20**

**Correct and Prevent Photo Damage**  
**60 minutes** **Rp. 850.000**

Imagine moonlight on a calm sea: smooth, bright and glowing... You have captured the incredible results of this mask. Vitamin C and Hyaluronic acid work together to rehydrate. Correct photo damage and drench your skin with repairing antioxidants to restore a youthful appearance, rendering skin visibly luminous! For those needing instant glow!

**ESSENTIAL AROMATHERAPY FACIAL**  
**Ideal for over 16**

**Restore + hydration**  
**30 minutes** **Rp. 360.000**  
**60 minutes** **Rp. 625.000**

A true balancing facial spa experience using pure organic aromatherapy elixirs and botanical actives to purify, balance and renew the skin, leaving it more youthful, energized and regenerated. This complete facial treatment is personally customised and tailored for individual skin types.

### **Athena Microdermabrasion**

Athena Microdermabrasion is a gentle yet highly effective exfoliation treatment, which deeply cleanses the skin. It can be used for all skin types and is great for the reducing pigmentation, signs of acne and to treat stretch marks. It is perfect for clearing blocked pores, minimizing fine lines and wrinkles and scarring and plus skin rejuvenation. It is a sensational resurfacing treatment that stimulates collagen production and cell renewal to slow the aging process.

**45 minutes** **Rp. 560.000**

### **Biokos Facial**

A caring ritual for the face. We have not yet found the elixir to hold back the aging process. but with weekly facials, you can ensure the lasting beauty of your skin. Glo facials are more than a facial. Feel radiant and look younger – what more can you ask for? Relax and revitalise with one of our deep cleansing Biokos facials – an Australian product that does not use animal products or test on our furry friends.

60 minutes **Rp. 260.000**  
75 minutes **Rp. 325.000**  
90 minutes + back massage **Rp. 410.000**  
2 hours + steam + extractions **Rp. 550.000**  
Add any sheet face mask (15 minutes) **Rp. 50.000**

## **Massage**

Massage provides a host of health enhancing benefits. It can help to lower blood pressure, increase blood circulation and lymph flow, relax muscles, improve skin condition, reduce stress and deliver a harmonious feeling of mind-body wellness. Feel tension melt away and the rapture begin under the expert hands of our therapist.



Add warming balm to any massage	<b>Rp. 50.000</b>
Add any sheet face mask to any spa package	<b>Rp. 50.000</b>

### **Glo Massage**

Move from ZERO to HERO as your muscles are manipulated to improve circulation, reduce tension and fatigue relief. This massage is totally HOT off the STRESS!

GLO - age	75 minutes	<b>Rp. 335.000</b>
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### **Ancient Warm Bamboo Massage**

Feel muscles relax and comply as hollow warm bamboo canes are used as an extension of the therapist hands. The rhythmic flow and dance of the bamboo, guided by your therapist, will trigger acupressure points, achieving a deep sense of relaxation.

60 minutes	<b>Rp. 318.000</b>
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### **Balinese Massage**

When in Bali why not do as the Balinese have been doing for centuries? Surrender your body and mind to this blissful combination of long strokes, kneading, friction, and pressure technique applied with the artful and accomplished skill of insight, sensitivity and intuition. An ancient healing therapy that is as blissful as it is beneficial.

60 minutes	<b>Rp. 260.000</b>
90 minutes	<b>Rp. 375.000</b>

### **Four Hand Massage**

If two hands are better than one, imagine what can be accomplished with four! In this sublime massage experience two therapists perform a choreographed dance and smooth your mood. This is the ultimate guilt-free indulgence. Two therapists work together in perfect harmony to deliver to you the most incredible massage.

60 minutes	<b>Rp. 450.000</b>
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### **Deep Tissue Massage**

This powerfully healing and energizing treatment uses long strokes and pressure point techniques to release deep muscle tension, stimulate the body's system and rebalance the natural energetic life force. It incorporates lots of pushing, squeezing and pressure to tease muscles into submission. Truly sublime! This treatment is excellent for after a long flight, a night out or as a treat for your exhausted body to restore vitality.

60 minutes	<b>Rp. 325.000</b>
90 minutes	<b>Rp. 485.000</b>

### **Soothing Sunburn Therapy**

It's not just sunburned skin that will benefit from this cooling, hydrating and anti-inflammatory therapy, although you can definitely expect relief if you are feeling the heat. First, we smear you with a breezy cocktail of mashed cucumber and essential oils, wrap you up in cool green banana leaves and throw in a head massage for the pampering effect. Then we add a layer of peppermint, orange, and vitamin E cooling gel and treat your feet to a blissful massage. Once chilled, we gently re-nourish your skin with our vanilla and coconut body lotion.

60 minutes

**Rp. 300.000**

### **PEVONIA Signature Massage**

Why be standard if you can be special? Get the maximum benefit with Glo's signature massage. Delight in a calming massage using Pevonia massage cream. Not only will it release tension and fatigue but also it will restore skin moisture and elasticity. Feel special and be special!

60 minutes

**Rp. 375.000**

### **Healing Stone Therapy**

A chakra-tuning experience to refresh your tired body and enliven jaded spirits. This comforting and deeply relaxing massage combines human touch with the healing power of heated and cooled river stones to soothe misbehaving muscles and restore body and mind balance.

60 minutes

**Rp. 325.000**

### **Custom Designed Massage**

Designed by you for you! Tell us where you want to be massaged and we will tailor our style to fit your needs.

60 minutes

**Rp. 260.000**

### **Reflexology Massage**

This health enhancing therapy focuses on the feet and legs and spreads through the whole body. Reflexology works on precise points on the feet that are believed to reflex to other part of the body. Stimulating these points can increase overall circulation and restore the natural healthy balance to specific parts of the body. We then extend the feel good factor to include your arms, back and neck. This massage is taken in our Glo Lounge.

60 minutes + hot compress

**Rp. 250.000**

90 minutes + lime foot bath

**Rp. 375.000**

### **Me + My Bump Massage**

Expectant mothers can enjoy a massage tailored to support and nurture both mother and baby! Special techniques plus our over sized pregnancy pillow to cuddle ensures complete relaxation and comfort even late in pregnancy . We use our specially formulated nurture oil that is safe for mother and bub!

**60 minutes**

**Rp. 315.000**

### **VITAMAN Sports Massage**

Aimed at the sports enthusiast to alleviate muscular soreness resulting from exercise. Ease and eliminate the pain and stiffness accompanying joint and muscle strain and relax and soothe tired muscles with a deep tissue sports massage featuring VITAMAN's unique sport massage oil. VITAMAN's Desert Muscle Rub is also used on isolated areas to give effective results and instantly revive tired muscles.

60 minutes

**Rp. 400.000**

### **VITAMAN De Stress Back 60 mins**

This exceptional stress busting back treatment offers a truly unique Australian experience for men of all ages and soothes deep down muscular backaches. It includes VITAMAN's exclusive muscle relaxing back massage technique using our specially formulated massage wax. Intense and specific attention is given to the much neglected areas of the back to produce fantastic results in refining the skin, healing congestion and smoothing rough skin.

60 minutes

**Rp. 350.000**

### **Dry Body Brushing**

Add on to any massage or body treatment, body brushing works wonders in improving circulation, lymphatic drainage and to aid in the battle against cellulite.

30 minutes

**Rp. 130.000**

## **Spa Packages**

**Add any sheet face mask to any spa package**

**Rp. 50.000**

### **Glo Signature Scent**

15-minute refreshing Lime Foot Soak followed by our 30-minute Vanilla and Coconut body scrub and a 75-minute full body massage with our signature scent massage oil. This intoxicatingly aromatic scrub provides high impact exfoliation. On a softer note, our carrot body conditioner will nourish and hydrate your skin, while the vanilla and coconut massage promotes a sense of balance and wellbeing.

2 hours

**Rp. 450.000**

### **Mint To Be**

15-minute refreshing Lime Foot Soak followed by our 30-minute Mint and Aloe Body Scrub and a 75-minute full body massage using our unique Spearmint massage oil. This dual cooling and warming scrub is refreshing and hydrating and the aloe vera leaves your skin soft, smooth, and radiant, as dead skin cells are gently buffed away without disturbing the skin's natural PH balance. You will walk away lighter on your feet after the massage manipulates muscles and uplift your soul thanks to the power of spearmint essential oil.

2 hours

**Rp. 450.000**

### **Tropical Flower Power**

15-minute refreshing Lime Foot Soak followed by our Frangipani body scrub and 75-minute full body massage with our beautiful Frangipani massage oil. This Bali experience is gentle while the frangipani scrub buffs and exfoliates away impurities to reveal, soft, smooth, and vibrant skin. The hydrating extract of macadamia nut and jojoba oil nourishes revitalizes and hydrates skin. Balancing frangipani essential oils will leave you begging for more.

2 hours

**Rp. 450.000**

### **Zesty Refresher**

This packages start with our Zesty Lime and Ginger Salt Glow to exfoliate and renew tired looking skin and is followed with a full body massage and Biokos facial. Total bliss!

2.5 hours

**Rp. 615.000**

### **Perfection**

Dry body brushing for 30 minutes will stimulate the skin, which is then beautifully massaged for 90 minutes. This treatment aids lymphatic drainage.

2 hours

**Rp. 450.000**

### **Lime + Ginger Salt Glow**

Salt from the Bali sea is combined with the refreshing fragrance of pure extracts of lime and ginger in a luxurious exfoliating body scrub. Grape seed, jojoba and apricot kernel oil nourish and moisturise while antioxidant packed vitamin A helps to tone and maintain a healthy appearance. Your skin is exfoliated and your stress and concerns are massaged away as the treatment continues with a full body massage with an oil of your choice.

90 minutes

**Rp. 400.000**

### **Pink Frangipani + Hibiscus Salt Glow**

This exfoliating sea salt based scrub buffs away impurities to reveal soft, smooth, and vibrant skin. Hydrating extracts of aloe vera and cucumber are blended with macadamia nut and jojoba oils to nourish, revitalise and hydrate skin. Refreshing hibiscus and stimulating pink frangipani essential oils are added to purify the senses. The relaxation continues with a full body massage.

90 minutes

**Rp. 400.000**

### **Jasmine Javanese Lulur Therapy**

Nurture your inner princess with this delicately scented body therapy created in Java's royal places in the 17th century. Your body is coated in a jasmine-infused rice powder and spice mix, which is later removed with a gentle polish before your body is smothered with enriching yoghurt. The result is soft, supple and deliciously fragrant skin. Following a shower your treatment continues with a full body massage.

90 minutes

**Rp. 400.000**

### **Volcanic Anti-Cellulite Body Scrub**

Bali's mineral-rich volcanic clay is the hero ingredient in this scrub that aims to attack orange-peel skin. You should feel a slight tingling sensation as the potent minerals get to work on penetrating your skin in search of enemy fat cells. The addition of sea salt and sugar helps to boost circulation and slough away dead skin cells. Expect to see the best results when you enjoy a series of treatments! Following a shower, your treatment continues with a full body massage.

90 minutes **Rp. 400.000**

Body Scrub Only 30 minutes **Rp. 185.000**

### **Just For Kiddies ( up to 12 years )**

**Lil' Dude 90 minutes Rp. 350.000**

Hair wash and trim  
Traditional creambath and massage  
30 minute foot massage  
Milk shake and oreo

**My Princess 90 minutes Rp. 360.000**

Hair wash and trim  
Traditional creambath and massage  
Blow dry and style  
Milkshake and oreo  
Coloured hair extension

**Single Hair Feather add Rp. 80.000**

**Look At My Nails 60 minutes Rp. 280.000**

Mini Me manicure with nail art  
Mini Me pedicure with nail art  
Extra 15 minute massage for hands and feet

**Mum and Me 60 minutes Rp. 495.000**

Massage Mum  
Massage Child under 12 years

### **Beauty Packages**

**Its All About Me 60 minutes Rp. 600.000**

Relax into a traditional cream bath + precision manicure + precision pedicure all at the same time!

Add on basic blow dry **Rp. 200.000**

**For Your Eyes Only 45 minutes Rp. 430.000**

Eyelash tinting + eyebrow tinting + eyebrow wax. Here's looking at you kid!

**Say Hi To Shellac 60 minutes Rp. 590.000**

Precision manicure + precision pedicure + Shellac application

**You Got It Nailed 60 minutes Rp. 495.000**

Precision manicure + pedicure + extra 15-minute massage for hands and feet.



## Spa Parties + Weddings

Tailored wedding packages are available for couples and their entourage as are girls parties for birthdays and any celebration or occasion. We do wonderful kids parties with face painting too! Let Glo take care of all your beauty and makeup needs for your wedding or any special event.

Bespoke weddings + bridal packages inclusive of consultation, trial, day before prep and the Big Day are our specialty! We do amazing weddings!

Ask reception for more information.

## GO GLO

Go- Glo mobile is available for most treatments and services! Your own in-villa or hotel spa service with trained Glo professional Glo technicians bringing our spa to you!  
Transport charges are applicable.





## How To Spa

### **Glo - Etiquette :**

Please arrive at least five minutes before your scheduled service time to allow for a stress free check in!

### **Glo - Certificates :**

Glo gift certificates are an awesome present idea because every body loves to GLO! Glo Certificates can be purchased from our reception or online for any treatment or for a certain value and are transferable but not refundable.

### **Tell us how we Glo :**

We ask that you communicate freely with your Glo technician both before and during your treatment so we can customise our service to meet your needs, requirements and expectations.

Please let Trip Advisor know about your awesome Glo experience or Google review.

To help us to improve Glo please email any constructive feedback directly to [georgia@glospabali.com](mailto:georgia@glospabali.com)

### **Glo - Alert :**

Please alert us if you are pregnant, using retin-A, Accutane or any photosensitizing or keratolytic medications or have had recent surgery, accident or laser surgery. Any of the above conditions may affect the success of our ability to perform your requested treatment.

### **Cancellations :**

Please note that we do require a minimum of 24 hours to cancel any reservation.

### **Homecare products :**

We have a full range of homecare and lifestyle products to complement your spa and salon treatments. They make luxurious gifts too.

### **Glo - membership :**

Ask your Glo receptionist about our Glo Member program offerings with great discounts and privileges for residents of Bali.

### **Glo - guarantee :**

We always ensure that our guests leave thrilled after their treatments. Please contact us if you are not happy and we promise to solve the issue within an appropriate time frame, based on availability and with a receipt. Email : [georgia@glospabali.com](mailto:georgia@glospabali.com)





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