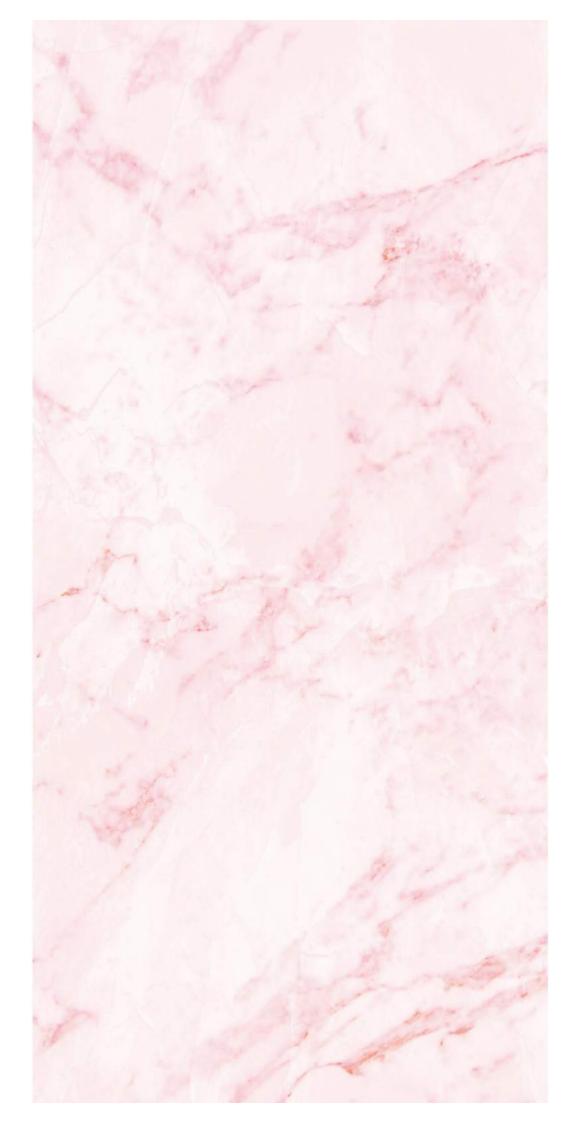


FOR VANITY AND SANITY



Glo is the result of the vision and inspiration of Australian Georgia Sutherland who has passionately worked in the spa, salon, and wellness industry for over 20 years. Georgia is blessed to call Bali her island home.

# Glo Hair Spa & Salon

Glo Salon is a full service salon managed by our Senior Stylist. We specialize in wedding hair and makeup. Our salon staff has expertise in colour correction, colour and highlighting, plus precision styling and cutting. Our extensive industry training and strong technical abilities ensures that your visit to Glo is a totally beautifying experience! No more bad hair days in Bali. Come in for your complimentary consultation with one of our talented Creative Team.

Ladies Hair Cutting Service	Stylist	Senior Stylist
Ladies cut - wet finish	Rp. 275.000	Rp. 495.000
Ladies cut + blow dry	Rp. 495.000	Rp. 605.000
Ladies restyle + blow dry	Rp. 605.000	Rp. 715.000

# Blow Outs - Blow Dry Styling

Classic	(short/med) Rp. 250.000	Long Rp. 350.000
Beach waves	(short/med) Rp. 350.000	Long Rp. 450.000
Sleek Sangria	(short/med) Rp. 350.000	Long Rp. 450.000

<sup>-</sup> super straight or super big curls

See our Glam + Blow Dry + Style Packages.

### **Childrens Cutting Services**

Children up to 12 years	Rp. 150.000	Rp. 250.000
Wash + Blow Dry	Rp. 150.000	Rp. 250.000

### Colour Services

Explore our extensive colour selection to find the perfect shade to suit different skin tones and hair types. Our colourist will delve into details about the best way to keep your colour vibrant.

	Stylist	Senior Stylist
Re-growth	Rp. 715.000	Rp. 825.000
Full Colour Tint	Rp. 825.000	Rp. 990.000
Toner only	Rp. 605.000	Rp. 715.000

### Highlights - Lowlights - Twilights - Balayage

Our colourist will discuss colour choice and technique to suit your hair style and desired look.

Stylist	From	Rp. 715.000	to	Rp.1.815.000
Senior Stylist	From	Rp. 910.000	to	Rp. 1.950.000

### Little Extras

Our menu price acts as a guide only. Glo professionals have different levels of training and experience and prices reflect seniority. Additional charges may be added depending on the length of time, thickness of hair and the amount of product used to create your new look. Please request price before commencing service.

Medium length or thick hair	add	Rp. 275.000
Long hair	add	Rp. 405.000
After colour toner		Rp. 385.000
Fanola no yellow shampoo		Rp. 275.000

It's a Miracle 60 minutes Rp. 950.000

Tired tresses are brought back to life with our miracle fluid by Olaplex, an intensive treatment that repairs damaged bonds leaving your hair feeling fresh and new! Enjoy a refreshing neck and shoulder massage and our signature blow dry. This really is a miracle!

# Mane Control 30 minutes Rp. 495.000

Tame those tresses with our express intensive Olaplex treatment for coarse or damaged hair. Your hair will feel healthier, have more shine and be more manageable.

### Add ons

Olaplex - 1,	2 with colour service		Rp. 750.000
Additional p	product		Rp. 165.000
Blow dry	stylist Rp. 200.000	senior stylist	Rp. 250.000

Add Collagen Eyes to any treatment	Rp.	50.000
Add Collagen Lip to any treatment	Rp.	50.000

### Hair Glossing Start from Rp. 600.000

Our Hair Gloss service will add incredible shine and replenish colour to your hair. Resulting in longer-lasting and more vibrant hair colour and shine.

Hair Filler Rp. 510.000

Hair Filler is a chemical free deep conditioning treatment which coats the surface of the hair, filling in split ends and fending off frizz making hair appear fuller and more lustrous. This treatment requires a series of services for best results.

4x treatments Rp. 1.950.000

### **Keratin Treatment**

Price on consultation

Keratin is a protein naturally found in our hair that provides a protective shield around the hair follicle. Exposure to the sun, pollution, and heat styling tools can cause damage to that shield, leaving the hair brittle, lifeless, and frizzy. As such, smoothing treatments formulated with keratin can help repair damaged hair follicles, as well as the condition and revive dull-looking strands.

# Smooth Me Over -Chemical Relaxing Straightening

Price on request

Reduce the frizz factor in your hair with our specially formulated permanent chemical relaxing treatments. Price on consultation.

Hair PermingPrice on requestPermanent Blow WavePrice on request

# Corrective Colour Price on request

If you've had a home hair colouring disaster, or a bad colour experience in another salon, we will correct and transform your hair to your original style desire. Our expert colour team will provide a price on consultation.

### **Hair Extensions**

Price on consultation

Want long or thicker hair? Or change colour without the chemical damage? Done in a half a day with amazing results.

Our hair is 100% Remy and we offer clip in, Micro Ring and Keratin Bonded.

Book your complimentary consultation with one of our stylists. We can install and service all including weft and tape extensions. (We do require 50% deposit to order Hair Extensions)

# **Special Occasion Styling**

Do you have a special event and need some help to look fabulous? Our stylists have extensive experience from classical elegance to cutting edge contemporary styles. The session includes a wash and blow dry.

Upstyle	Basic	Rp. 650.000
	Complex	Rp. 950.000
French brai	ding	Rp. 300.000
Childrens Fr	ench braiding - 12 years + under	Rp. 175.000
Sports braid	ds	Rp. 400.000
Hair feather	2	Rp. 95.000 / pc

### Cream Bath Hair Spa

Indonesian women are renowned for their sleek, lustrous locks and part of their secret is a hair treatment known as a Hair Cream Bath. The 'bath' is a thick coat of conditioner that is meticulously massaged into your scalp and through every strand of hair. Penetration is the key, so while the cream is working on softening, strengthening and glossing your hair, the therapist's fingers work their own massage magic on your neck and shoulders.

Traditional Cream bath	60 minutes	Rp. 300.000
Davines Moisture cream bath	60 minutes	Rp. 450.000
Add on blow dry		Rp. 250.000
Flat Iron or Curling	add	Rp. 175.000

### Warm Stone Hair Revival

90 minutes Rp. 550.000

Our extremely nourishing and hydrating package includes a wash, conditioner application and scalp massage. Our awesome hot stone neck, shoulder and upper back massage will leave you rejuvenated. Hair is steamed, while your arms and hands are massaged. Finish off with our signature blow dry.

Warm Stone Creambath 60 minutes Rp. 380.000

# Scalp + Dandruff Treatment 60 minutes Rp. 790.000

An exfoliating spa scrub containing natural spa water, white clay, piroctone olamino, and essential oils of juniper and pine, which removes the dandruff and prevents reoccurrence, improves cell metabolism and oxygenation and calms irritated scalps.

30 mins Rp. 395.000

### Chlorine Green Removal

30 minutes Rp. 395.000

Our Malibu C – naturally removes hard water deposits and impurities leaving hair instantly softer, shinier and full of swing. It eliminates brassiness, discoloration and damage caused by mineral absorption. The vitamin infused formula deeply penetrates the hair for superior results.



Hairloss Treatment	Rp. 400.000
Dry Scalp Dandruff Treatment	Rp. 430.000
Damaged Hair	Rp. 350.000
Sensitive Scalp	Rp. 550.000
Oi Luxurious Hair Treatment	Rp. 650.000
Heart Of Glaze Treatment	Rp. 650.000
Sea Salt Scrub Treatment	Rp. 550.000
Ritual Hair Mask Davines	Rp. 350.000

# Make Up

Our sumptuous make-up kit is loaded with luxury products perfectly designed for Bali's unique conditions. We use highly pigmented, waterproof and long lasting products that remains fresh and natural under the heat. Our professional lines include Temptu, Make-up Forever, Nars, Cinema Secret, Anastasia Beverly Hill, YSL, Bobbi Brown, MAC and Urban Decay-to name a few.

Eyes Only	Rp. 400.000
Temporary lashes	Rp. 110.000
Day make up	Rp. 600.000
Special occasion make up	Rp. 950.000
TEMPTU Airbrush make up add	Rp. 350.000
Bridal and Weddings	Price on Request.



Stylist

Men's cut + Style **Rp. 350.000 - 500.000** 

includes wash, scissor and clipper cut, scalp massage and styling plus stray hair removal.

Buzz Cut Rp. 250.000 - 350.000

Styling + shaping with clippers additional **Rp. 150.000** Full head shave **Rp. 320.000** 

Moustache Trim Rp. 95.000

# Manicure & Pedicure

Our expert Glo nail technicians have received specialist training in Glo service methods, nail hygiene and sanitation to present you with the most heavenly hands and fabulous feet possible.

All of our instruments and equipment are either disposable or made from stainless steel and are sanitised prior to each use. We offer unparalleled sanitation methods that adhere to, and follow strict industry standards and guidelines.

To ensure polish remains smudge, streak and scuff free, we recommend allowing some post treatment time of at least 15 minutes after the manicure and pedicure. Should you smudge a nail within 24 hours, comeback and we will re-do it for free!

### Precision Manicure

45 minutes Rp. 210.000

An express, but detailed manicure, with hand soak, cuticle grooming, expert shaping and precision painting. For those needing a fast Glo!

### Precision Pedicure 45 minutes Rp. 225.000

A swift, but meticulous basic pedicure including soaking, de-roughing, clipping, trimming, expert shaping and precision painting. Perfect for those on the run!

### Glo Manicure 60 minutes Rp. 310.000

Hands are soaked and cleansed, exfoliated and massaged, cuticles groomed, nails shaped and polished to perfection, using CND products. You've got to hand it to us!

# Glo Pedicure 60 minutes Rp. 325.000

Feet are soaked and cleansed, exfoliated and massaged, rough skin removed, cuticles groomed, nails clipped, buffed, filed and polished to perfection, using CND product. Step out in style!

Men's manicure Men's pedicure	45 minutes 45 minutes	Rp. 190.000 Rp. 200.000
Extras		
French polish		Rp. 75.000
Painted nail art - full set		Rp. 130.000
Rhinestone art + decal art x2		Rp. 30.000
Toe or finger wax		Rp. 15.000
Paraffin dip for hands or feet		Rp. 95.000
Nail repair with silk	/nail	Rp. 100.000
Callus blading		Rp. 95.000
Foot Scrub		Rp. 95.000
Foot Mask		Rp. 95.000
add any sheet face mask		Rp. 65.000
Add Collagen Eyes to any treatment		Rp. 35.000
Add Collagen Lip to any treatment		Rp. 35.000
SNS AND ACRYLIC / GEL NAILS		
Natural SNS Gelous colour overlay manicure	•	Rp. 450.000
French / ombre colour add		Rp. 100.000
Hard Gel Extentions		Rp. 600.000
Refill Hard Gel		Rp. 450.000
Removal - SNS or Acrylic		Rp. 225.000
Acrylic overlay manicure		Rp. 450.000
Acrylic Sculpture Full set		Rp. 700.000
Acrylic refill		Rp. 450.000
Acrylic repair per finger		Rp. 80.000

# Russian Manicure one hour 15 mins – Rp.450.000

The Russian Manicure, also known as a dry manicure, involves using an electric drill bit to file down the cuticles and shape the nails without water. This intensive cuticle work, opens up the eponychium to remove the cuticle. This allows the manicurist to paint the gel underneath so your manicure is flawless and lasts longer

# Russian Pedicure one hour 15 mins – Rp.475.000

# More massage please

Add to your mani or pedi a relaxing foot or head massage for extra indulgence!

Extra 15 minutes of head and shoulder massage	Rp.	85.000
Extra 15 minutes of foot massage	Rp.	85.000

# Colour change -15 minutes

It's out with the old and on with the new! Rp. 175.000

# BIO SCULPTURE GEL SERVICES

Exclusive to Glo – our Bio Sculpture manicure and pedicure treatment are performed by our highly trained Bio Sculpture nail technicians. Our Bio Sculpture Gels are all '5 FREE' non- toxic and 100% vegan friendly and cruelty free. Bio Sculpture gel has undergone independent clinical testing and been awarded a 5 star safety rating, giving your nail a beautiful, damage free experience. All gel services are dried using Bio Sculpture LED lamps, which has been tested by an independent Australian Government Agency to assure they are safe.

# Classic Bio Sculpture Gel Manicure Four layers – in 60 minutes lasting 4-6 weeks

Rp. 650.000

Nails and cuticles are shaped and tidied, followed by Bio Sculpture Gel overlay application and finished with a relaxing hand massage. Ideal for short healthy nails.

# Classic Bio Sculpture Gel Pedicure Three layers in 60 minutes lasting 4-6 weeks

Rp. 650.000

Sit back and be pampered while your feet are soaked, filed, cuticles tided and a beautiful application of your choice of Bio Sculpture Gel and finished with a foot massage.

# The Signature Bio Sculpture Gel Manicure Five layers for long or damages nails

Rp. 765.000

This signature Bio Sculpture manicure takes nail care to a whole new level. Included is a customised nail analysis and strengthening treatment designed specifically for your nail type. Enjoy a full manicure with the five-layer gel overlay. Highly recommended for long nails, damaged or uneven nail types, weak nails that need extra strength, or those who recently had acrylic nails.

# Express Bio Sculpture Gel Application Four layers lasting 4-6 weeks

Rp. 475.000

If you just had a manicure up to three day ago, this is for you as it is a simple nail prep followed by gel overlays.

### Nail Extensions – Tips, Sculptured or Silk

Tip extensions Rp. 800.000
Silk extensions for nail biters. Rp. 800.000
Sculptured gel. Rp. 900.000

Our flexible gel formula adheres and protect the nail while achieving beautiful, natural looking extensions that are designed to fit your nail perfectly!

### Gel Infill - extensions only

Rebalance your gel or tip extension with a Bio Sculpture infill so they look as good as new! For acrylic wearers – we can convert you over to the healthier alternative, Bio Sculpture Gel. Enjoy improved strength and nail support without damaging drills or harsh chemicals!

Infills Rp. 525.000

Acrylic Conversion Rp. 625.000

# Bio Sculpture Gel Removal

A gentle, non-damaging gel removal process, ensuring gel is removed without harming your natural nail, leaving your cuticles well hydrated and nourished.

Gel overlay with any service	Rp. 150.000
Gel overlay removal, nail tidy and hydration	Rp. 200.000
Extension removal, nail tidy and hydration	Rp. 250.000

<sup>\*</sup>Please note: Prices are for Bio Sculpture Gel removal only. Removal of other gel products may incur extra charges.

#### ADD ONS

Fix and repair - per nail
We can fix it! Repair a torn, split or broken nail with Bio Sculpture Gel.

Rp.100.000

Extensions per nail

 Tips
 Rp. 150.000

 Silk
 Rp. 150.000

 Sculptured
 Rp. 200.000

French finish Rp.100.000

Classic or coloured French finish to your manicure or pedicure nail art.

Nail art Starting from Rp. 150.000

# Creative Nail Design Shellac

Good-bye nicks, chips and smudges! Hello beautiful fingernails for up to two weeks and beautiful toenails for up to a month! This game-changing product applies like polish, and lasts with high gloss shine. Cured by a UV light so there is zero drying time. Hypo-allergic and free of DBP, toluene and formaldehyde. Say goodbye to frustration and say hello to pure satisfaction!

Add on to manicure or pedicure:

Shellac polish in just 10 minutes

Shellac removal from another salon - 10 minutes

Shellac removal from us - 10 minutes

Free

Shellac polish change- 20 minutes

\* no cuticle grooming this is colour change only.

Gel Chrome Nails

Korean Gel Polish

Rp. 140.000

Rp. 125.000

Rp. 245.000

Rp. 150.000

Rp.75.000

### Kiddie Manicure + Pedicure up to 12 years

Filling, shaping, buffing and polishing without touching those little cutie – cules! We use our own signature yummy scented Glo lotion of coconut and vanilla. Shakes and sodas also available from Glo Bar.

Mini me pedicure - 30 minutes	Rp.	95.000
Mini me manicure - 30 minutes	Rp.	95.000
Colour changes for kids	Rp.	75.000
Nail art for kids - full set	Rp.	90.000

# Wax Hair Removal

We perform quick, expert and near painless male and female hair removal waxing treatment. Banish unwanted hair from practically anywhere!

# Wax'n Buff For Her ...

wax n butt for her		
Mancine Hard Wax :		
eyebrow style and re-shape - 15 minutes		Rp. 200.000
Upper lip - 5 minutes		Rp. 135.000
Nose - 5 minutes		Rp. 70.000
Chin - 5 minutes		Rp. 120.000
Cheeks - 5 minutes		Rp. 200.000
Forehead - 10 minutes		Rp. 150.000
Underarm - 15 minutes		Rp. 195.000
Bikini line - 20 minutes		Rp. 260.000
G-string (with reduced triangle) - 30 minutes		Rp. 300.000
Brazilian - 30-45 minutes		Rp. 360.000
(Absolutely clear and tided underneath,		
you can chose to leave a racetrack strip.)		Rp. 85.000
Add on PINKINI intimate mask (To help soothe and heal)		кр. 65.000
Add on 15 minutes Anaesthetic	/ area	Rp. 100.000
before any Waxing		
Mancine Olive Oil Strip Wax :		
Section of the sectio		Rp. 220.000
Mancine Olive Oil Strip Wax :		Rp. 220.000 Rp. 260.000
Mancine Olive Oil Strip Wax : Half arm - 20 minutes		
Mancine Olive Oil Strip Wax : Half arm - 20 minutes Full arm - 25 minutes		Rp. 260.000
Mancine Olive Oil Strip Wax : Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes		Rp. 260.000 Rp. 300.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes Full leg - 45-60 minutes Snail trail - 5 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes Full leg - 45-60 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes Full leg - 45-60 minutes Snail trail - 5 minutes RIQ WORK FOR HIM Mancine Hard Wax:		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000 Rp. 115.000
Mancine Olive Oil Strip Wax:  Half arm - 20 minutes  Full arm - 25 minutes  1/2 leg - 20 minutes  3/4 leg - 30 minutes  Full leg - 45-60 minutes  Snail trail - 5 minutes  RIQ WORK FOR HIM  Mancine Hard Wax:  Nose - 5 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000 Rp. 115.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes Full leg - 45-60 minutes Snail trail - 5 minutes  RIQ WORK FOR HIM Mancine Hard Wax: Nose - 5 minutes Ear - 5 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000 Rp. 115.000 Rp. 70.000 Rp. 90.000
Mancine Olive Oil Strip Wax:  Half arm - 20 minutes  Full arm - 25 minutes  1/2 leg - 20 minutes  3/4 leg - 30 minutes  Full leg - 45-60 minutes  Snail trail - 5 minutes  RIQ WORK FOR HIM  Mancine Hard Wax:  Nose - 5 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000 Rp. 115.000
Mancine Olive Oil Strip Wax: Half arm - 20 minutes Full arm - 25 minutes 1/2 leg - 20 minutes 3/4 leg - 30 minutes Full leg - 45-60 minutes Snail trail - 5 minutes  RIQ WOrk For HIM Mancine Hard Wax: Nose - 5 minutes Ear - 5 minutes Speedo line - 20 minutes		Rp. 260.000 Rp. 300.000 Rp. 350.000 Rp. 400.000 Rp. 115.000 Rp. 70.000 Rp. 90.000 Rp. 300.000

# Mancine Olive Oil Strip Wax:

Neck - 10 minutes	Rp. 180.000
Back + Shoulders - 30 minutes	Rp. 360.000
Chest - 25 minutes	Rp. 310.000
Stomach - 15 minutes	Rp. 275.000
Chest + stomach - 30 minutes	Rp. 530.000
Half leg - 30 minutes	Rp. 350.000
Full leg - 45-60 minutes	Rp. 500.000
Half arm - 25 minutes	Rp. 260.000
Full arm - 40 minutes	Rp. 310.000

# Threading

Threading is a time old tradition of hair removal practiced in many Asian and Arabic nations and has gained popularity in the West. Hair is removed in an entire row resulting in a straighter line. Your practitioner uses twisted cotton thread to pull out the hair at the roots, leaving the area hair free.

Eyebrow style - 15 minutes	Rp. 175.000
Upper lip - 15 minutes	Rp. 135.000
Cheeks - 15 minutes	Rp. 160.000
Full face including brow shaping - 30 minutes	Rp. 425.000
Chin / Jawline - 15 minutes	Rp. 150.000
Neck - 15 minutes	Rp. 175.000
Forehead - 15 minutes	Rp. 175.000

### Brows and Lashes

# Brow Lamination - 45 minutes

Rp. 610.000

Brow lamination relaxes & smoothes the brow hair upwards, giving them a fuller & fluffier look! This lasts up to 6 - 8 weeks. This service includes browstyling (wax, tint, tweeze) and lamination.

Refectocil eyelash tint - 15 minutes	Rp. 175.000
Refectocil brow tint - 10 minutes	Rp. 175.000
Shaped + Tinted to Perfection	Rp. 280.000
Eyelash perming - 30 minutes	Rp. 350.000
Ellebana eyelash lift - 30 minutes	Rp. 500.000

Henna Brows Rp. 500.000

The newest revolutionary product in the brow industry. Henna effectively 'stains' the skin more affectively than tinting and lasts between 2-4 weeks. This treatment includes a brow wax and style.

# **Eyelash Extensions**

### 90 - 120 minutes

Rp. 1.200.000

No more messy mascara needed! Add more lashes per eye with 8 mm to 14 mm in length. Made from silk fibers, grafted onto your own lashes, the extensions last up to 4 weeks. Go for a natural look with J curl or glamour plus with the C curl. We have two thicknesses - 0.15 gram for a natural look or 0.2 grams for a more dramatic style.

Natural classic	Rp. 610.000
Hybrid	Rp. 750.000
Russian volume lashes	Rp. 820.000
Mega volume	Rp. 1.200.000
Add on:	

Wispy Rp.300.000 Cats Eye or Fox Rp.250.000 Refill is 50% of full set Rp. 350.000 Lash removal Rp. 360.000

Do not swim or wet face for 48 hours after application

# Spray Tanning

Get that tropical tan and bronze island glow in just 10 minutes with instant bronzing colour and no sun damage. Naked Tan professional spray on system is imported from Australia and is fast, safe and leaves you 'glo-ing' for up to 7 days. For best results, exfoliate several hours prior to treatment. Wear loose, comfortable, dark coloured clothes and do not use any moisturizer, deodorant or make-up prior to treatment. It is advisable not to swim, sweat or take a shower for at least 5 hours after your tan application. Longer for a deeper tan.

### NAKED TAN - 10%.15% or 16% - 2 hour tan

Casual session	Rp. 375.000
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Casual session with body brushing	Rp. 500.000
Double spray	Rp. 600.000
Legs + butt only	Rp. 300.000
Face + neck only	Rp 200 000



**LUMAFIRM® LIFT AND FIRM** On demand Firming + Pigmentation Ideal for 30 years+ 60 minutes

Seeking a treatment with an amazing instant result? The Pevonia Lumafirm Lift and Firm facial treatment renders your skin luminous with a firmer, tighter and more youthfully defined appearance. This remarkable Lumafirm mask and cream is combined with elastin polypeptides with sorghum and its powerful repairing and tightening benefits. It is ideal for any skin type showing signs of aging and works as an ideal instant repair boost when you want look your absolute best!

MICRO RETINOL™ - DEEP PEEL AND ANTI - AGING Corrective and Resurfacing Ideal for over 25 60 minutes Rp. 1.250.000

Resurfacing alternative to laser/microdermabrasion/peel. Ideal for sun damaged skin and mature skin, hyperpigmentation and advanced signs of aging as well as smokers and surfers skin. It smooths fine lines and wrinkles and reduces acne scars. There is no downtime and it is the perfect way to fast and flawless skin. Not recommended for hypersensitive skin and inflamed acne or during pregnancy

Four consistent sessions are recommended for the optimum result

# OPTIMAL RADIANCE Ideal for over 20

Correct and Prevent Photo Damage 60 minutes Rp. 990.000

Imagine moonlight on a calm sea: smooth, bright and glowing... You have captured the incredible results of this mask. Vitamin C and Hyaluronic acid work together to rehydrate. Correct photo damage and drench your skin with repairing antioxidants to restore a youthful appearance, rendering skin visibly luminous! For those needing instant glow!

ESSENTIAL AROMATHERAPY FACIAL
Ideal for over 16 30 minutes

Restore + hydration

30 minutes Rp. 350.000 Rp. 650.000

A true balancing facial spa experience using pure organic aromatherapy elixirs and botanical actives to purify, balance and renew the skin, leaving it more youthful, energized and regenerated. This complete facial treatment is personally customised and tailored for individual skin types.

### LED Colour Light Therapy

LED therapy is a popular, non-invasive skin treatment for acne, sun damage, wounds, dull skin, eczema, psoriasis, rosacea, scarring and other inflammatory conditions and issues. LED stimulates cellular activity, including fibroblasts that produce collagen. Collagen helps minimize fine lines and wrinkles, improves sun damage and stretch marks and reduces redness. A series of treatments is suggested for best results.

### Red

- revitalise skin.
- improve circulation.
- improve acne scars.
- cell regenation.
- increase collgen.

### Green

- skin calming.
- aids sensitive skin.

# 60 minutes facial add on 20 minutes

#### Blue

- control sebaceous glands.
- improves inflammation.
- skin calming.
- reduces acne causing bacteria.
- aids acne prone, oily skin.

### Yellow

- reduces redness.
- improves pigmentation.

Rp. 450.000 Rp. 200.000

### Athena Microdermabrasion

Athena Microdermabrasion is a gentle yet highly effective exfoliation treatment, which deeply cleanses the skin. It can be used for all skin types and is great for the reducing pigmentation, signs of acne and to treat stretch marks. It is perfect for clearing blocked pores, minimizing fine lines and wrinkles and scarring and plus skin rejuvenation. It is a sensational resurfacing treatment that stimulates collagen production and cell renewal to slow the aging process.

45 minutes Rp. 590.000 Rp. 750.000

### **GLO Detox Facial**

Our signature deep cleanse Detox Facial is a multi-tasking facial which includes an incredible full face peel off mask and high frequency. These help eliminate both excess oil and and skin toxins caused by the environment, pollution, stress, anxiety and cosmetic/ sunscreen useage. As a result, your complexion will be glowy, cleansed, and more balanced than ever! A complete detox for the mind, soul, and skin. This magical treatment includes deep cleansing, steam, gentle extractions, massage and face mask. The perfect Detox.

75 minutes Rp. 450.000

#### **Biokos Facial**

A caring ritual for the face. We have not yet found the elixir to hold back the aging process. but with weekly facials, you can ensure the lasting beauty of your skin. Glo facials are more than a facial. Feel radiant and look younger – what more can you ask for? Relax and revitalise with one of our deep cleansing Biokos facials – an Australian product that does not use animal products or test on our furry friends.

 60 minutes
 Rp. 300.000

 75 minutes
 Rp. 375.000

 90 minutes + back massage
 Rp. 450.000

 2 hours + steam + extractions
 Rp. 600.000

 Add any sheet face mask (15 minutes)
 Rp. 65.000

#### Gold Leaf Facial

Restore, rejuvenate and lock in moisture with our beautiful 24K Gold Leaf Facial. Harnessing the power of gold to firm and heal. Used for centuries by the Romans, Egyptians and Japanese, the benefits of gold leaf is just being discovered now. Gold Leaf has been shown to improve the efficacy of skin care products, helps to stimulate cells and improves circulation - giving you stunning, healthy looking skin. This facial will firm and lift by boosting collagen production, brighten and enhance radiance and deeply hydrate and nourish whilst defending against the effects of ageing.

60 minutes Rp. 595.000

### **Back Facial**

Our 60-minute Back facial includes the same techniques you would find in a facial at Glo, including deep cleansing, exfoliation, a purifying mask, and extractions for clogged pores. Leaving your back refreshed and renewed

60 minutes Rp. 410.000

# **Booty Facial**

A 45-minute Booty Facial, or butt facial, involves cleansing, exfoliation, extractions (if needed), sport massage, and a mask. A comprehensive booty facial will leave the skin feeling revived and appearing more toned and flawless. Beach bum ready.

45 minutes Rp. 350.000

# Massage

Massage provides a host of health enhancing benefits. It can help to lower blood pressure, increase blood circulation and lymph flow, relax muscles, improve skin condition, reduce stress and deliver a harmonious feeling of mind-body wellness. Feel tension melt away and the rapture begin under the expert hands of our therapist.

Add warming balm to any massage

Rp. 60.000

# Glo Massage

Move from ZERO to HERO as your muscles are manipulated to improve circulation, reduce tension and fatigue relief. This massage is totally HOT off the STRESS!

GLO - age 75 minutes **Rp. 385.000** 

### Ancient Warm Bamboo Massage

Feel muscles relax and comply as hollow warm bamboo canes are used as an extension of the therapist hands. The rhythmic flow and dance of the bamboo, guided by your therapist, will trigger acupressure points, achieving a deep sense of relaxation.

60 minutes **Rp. 355.000** 

### **Balinese Massage**

When in Bali why not do as the Balinese have been doing for centuries? Surrender your body and mind to this blissful combination of long strokes, kneading, friction, and pressure technique applied with the artful and accomplished skill of insight, sensitivity and intuition. An ancient healing therapy that is as blissful as it is beneficial.

# Four Hand Massage

If two hands are better than one, imagine what can be accomplished with four! In this sublime massage experience two therapists perform a choreographed dance and smooth your mood. This is the ultimate guilt-free indulgence. Two therapists work together in perfect harmony to deliver to you the most incredible massage.

60 minutes Rp. 560.000

# Deep Tissue Massage

This powerfully healing and energizing treatment uses long strokes and pressure point techniques to release deep muscle tension, stimulate the body's system and rebalance the natural energetic life force. It incorporates lots of pushing, squeezing and pressure to tease muscles into submission. Truly sublime! This treatment is excellent for after a long flight, a night out or as a treat for your exhausted body to restore vitality.

60 minutes **Rp. 370.000** 

90 minutes **Rp. 535.000** 

# Soothing Sunburn Therapy

It's not just sunburned skin that will benefit from this cooling, hydrating and anti-inflammatory therapy, although you can definitely expect relief if you are feeling the heat. First, we smear you with a breezy cocktail of mashed cucumber and essential oils, wrap you up in cool green banana leaves and throw in a head massage for the pampering effect. Then we add a layer of peppermint, orange, and vitamin E cooling gel and treat your feet to a blissful massage. Once chilled, we gently re-nourish your skin with our vanilla and coconut body lotion.

60 minutes **Rp. 350.000** 

### **Healing Stone Therapy**

A chakra-tuning experience to refresh your tired body and enliven jaded spirits. This comforting and deeply relaxing massage combines human touch with the healing power of heated and cooled river stones to soothe misbehaving muscles and restore body and mind balance.

60 minutes **Rp. 365.000** 

### **Custom Designed Massage**

Designed by you for you! Tell us where you want to be massaged and we will tailor our style to fit your needs.

60 minutes Rp. 300.000

# Reflexology Massage

This health enhancing therapy focuses on the feet and legs and spreads through the whole body. Reflexology works on precise points on the feet that are believed to reflex to other part of the body. Stimulating these points can increase overall circulation and restore the natural healthy balance to specific parts of the body. We then extend the feel good factor to include your arms, back and neck. This massage is taken in our Glo Lounge.

60 minutes + hot compress Rp. 285.000 90 minutes + lime foot bath Rp. 425.000

# Me + My Bump Massage

Expectant mothers can enjoy a massage tailored to support and nurture both mother and baby! Special techniques plus our over sized pregnancy pillow to cuddle ensures complete relaxation and comfort even late in pregnancy. We use our specially formulated nurture oil that is safe for mother and bub!

60 minutes Rp. 350.000

# **VITAMAN Sports Massage**

Aimed at the sports enthusiast to alleviate muscular soreness resulting from exercise. Ease and eliminate the pain and stiffness accompanying joint and muscle strain and relax and soothe tired muscles with a deep tissue sports massage featuring VITAMAN's unique sport massage oil. VITAMAN's Desert Muscle Rub is also used on isolated areas to give effective results and instantly revive tired muscles.

60 minutes Rp. 450.000

### Lymphatic Drainage Massage

Lymphatic drainage massage is a form of gentle massage that encourages the drainage of the lymph nodes and movement of the lymph fluids around the body. This specialized massage involves gently manipulating specific areas of your body to help facilitate the flow in the lymph channels. The aim of which is to relieve lymphedema, the build up of lymph fluid and ultimately the removal of waste and toxins from the body tissues

60 minutes Rp. 450.000

### Dry Body Brushing

Add on to any massage or body treatment, body brushing works wonders in improving circulation, lymphatic drainage and to aid in the battle against cellulite.

30 minutes Rp. 160.000

# Packages

# Add any sheet face mask to any package

Rp. 65.000

# Glo Signature Scent

A choice of a 30 minutes refresher facial or foot massage, vanilla and coconut body scrub and a 60 minutes massage with our signature oil. This intoxicatingly aromatic scrub provides high impact exfoliation, the vanilla and coconut massage promotes a sense of balance and well being.

2 hours **Rp. 495.000** 

#### Mint To Be

Your choice of a 30 minutes refresher facial or foot massage, mint and aloe body scrub and a 60-minute massage using our unique spearmint massage oil. You will walk away lighter on your feet after the massage manipulates muscles and uplifted your soul thanks to the power of spearmint essential oil.

2 hours Rp. 495.000

# **Tropical Flower Power**

A choice of a 30 minute refresher facial or foot massage, then a frangipani body scrub and 60 minute massage with frangipani massage oil. Balancing frangipani essential oils will leave you begging for more.

2 hours Rp. 495.000

### **Zesty Refresher**

This packages start with our zesty lime and ginger salt glow to exfoliate and renew tired looking skin and is followed with a full body massage and Biokos facial. Total bliss!

2.5 hours Rp. 680.000

# Perfection

Dry body brushing for 30 minutes will stimulate the skin, which is then beautifully massaged for 90 minutes. This treatment aids lymphatic drainage.

2 hours **Rp. 495.000** 

### Lime + Ginger Salt Glow

Salt from the Bali sea is combined with the refreshing fragrance of pure extracts of lime and ginger in a luxurious exfoliating body scrub. Your skin is exfoliated and your stress and concerns are massaged away as the treatment continues with a full body massage with an oil of your choice.

90 minutes **Rp. 450.000** 

# Frangipani + Hibiscus Salt Glow

This exfoliating sea salt based scrub buffs away impurities to reveal soft, smooth, and vibrant skin. Refreshing hibiscus and stimulating frangipani essential oils are added to purify the senses. The relaxation continues with a full body massage.

90 minutes Rp. **450.000** 

### Jasmine Javanese Lulur Therapy

Nurture your inner princess with this delicately scented body therapy created in Java's royal places in the 17th century. Your body is coated in a jasmine-infused rice powder and spice mix, which is later removed with a gentle polish before your body is smothered with enriching yoghurt. The result is soft, supple and deliciously fragrant skin. Following a shower your treatment continues with a full body massage.

90 minutes Rp. **450.000** 

### Volcanic Anti-Cellulite Body Scrub

Bali's mineral-rich volcanic clay is the hero ingredient in this scrub that aims to attack orange-peel skin. You should feel a slight tingling sensation as the potent minerals get to work on penetrating your skin in search of enemy fat cells. Expect to see the best results when you enjoy a series of treatments! Following a shower, your treatment continues with a full body massage.

90 minutes **Rp. 450.000** 

# **Healing Package**

60 mins Balinese Massage - 15 mins Flower Bath - Fresh coconut or ginger tea.

90 minutes **Rp. 475.000** 

### Ultimate Pick - Me - Up

75 mins Detox Facial with LED Light therapy - 60 mins massage - Soothing Bath - Fresh coconut or gingertea.

3 hours Rp. 1.200.000

#### **GLO Elixer**

### **GLO Ultimate Indulgence**

3 Hours

Our signature experience is bliss-rich perfection for body, mind and soul. With two therapists delivering a string of precious treatments. This is life enhancing.

Glo Signature Foot Bath - Signature Body Wash - Signature Body Scrub - Signature Mask - Four hand massage - Flower Bath - served with herbal tea.

One Guest Rp. 1.800.000

Two Guests Rp. 3.500.000

# Balinese Boreh Hot Spice Therapy

Used as both cure and prevention, boreh is one of the oldest and most common herbal remedies in Bali. This deep-heat therapy does more than soften your skin, it is also great for relieving muscle aches, reducing fever, or headaches, increasing circulation and assisting with jet-lag recovery. The spicy paste includes some of Bali's favorite ingredients, like cloves, ginger, coriander and turmeric. Enjoy the sensation of deep penetrating heat as you relax under a warming blanket of spices. Things cool down towards the end with a cucumber and seaweed conditioner. Followed with a 60 min Balinese Massage

90 minutes **Rp. 425.000** 

Body Scrub Only 45 minutes Rp. 280.000

45 minutes

# Bath Soaks - Take The Plunge

Choose from one of our delectable bath menu options; sink into one of our oversized tubs and soak your cares away in the delicately scented waters laced with essential oils and lots of added yumminess. Plus add on extras as you wish.

Single Rp. 350.000 For Two Rp. 700.000

# Skin Nourishing Milk Bath

Milk + Frangipani Bath - Frangipani essential oils - Herbal Tea - Fruit Skewers - Sheet Face Mask.

### Flower Drench Bath

Flower petal bath - Rose essential oil - Herbal Tea - Fruit Skewers - Sheet Face Mask.

### **Anxiety & Stress Relief Bath**

Citrus bath soak - Citrus & Lavender essential oils - Herbal Tea - Fruit Skewers - Sheet Face Mask.

Add on to Bath Soaks	Single	For Two
Extra bath time 15 minutes	Rp.90.000	Rp.180.000
Extra bath time 30 minutes	Rp.180.000	Rp.360.000

# Just For Kiddies ( up to 12 years )

Look At My Nails 60 minutes Rp. 275.000

Mini Me manicure with nail art Mini Me pedicure with nail art

Extra 15 minute massage for hands and feet

# Beauty Packages

Its All About Me 60 minutes Rp. 630.000

Relax into a traditional cream bath + precision manicure + precision pedicure all at the same time!

Add on basic blow dry Rp. 200.000

Brow Lamination + Instant Brow Lift - 45 minutes Rp. 680.000 by Hi Brow

Additional love for your brows - for optimal brow health.

Lash Lift + Step Regen Elleeplex - 45 minutes Rp. 580.000

Additional love for your lashes-for optimal lash health.



# Weddings & Parties

Tailored wedding packages are available for couples and their entourage as are girls parties for birthdays and any celebration or occasion. We do wonderful kids parties too! Let Glo take care of all your beauty and makeup needs for your wedding or any special event.

Bespoke weddings + bridal packages inclusive of consultation, trial, day before prep and the Big Day are our specialty! We do amazing weddings!

For more information, please email info@glospabali.com

### GO GIO

Go-Glo mobile is available for most treatments and services! Your own in-villa or hotel service with trained Glo professional Glo technicians bringing our service to you!

Transport charges are applicable.



# Glo - Etiquette :

Please arrive at least five minutes before your scheduled service time to allow for a stress free check in!

### Glo - Certificates:

Glo gift certificates are an awesome present idea because every body loves to GLO! Glo Certificates can be purchased from our reception or online for any treatment or for a certain value and are transferable but not refundable.

### Tell us how we Glo:

We ask that you communicate freely with your Glo technician both before and during your treatment so we can customise our service to meet your needs, requirements and expectations.

Please let Trip Advisor know about your awesome Glo experience or Google review.

To help us to improve Glo please email any constructive feedback directly to georgia@glospabali.com

### Glo - Alert:

Please alert us if you are pregnant, using retin-A, Accutane or any photosensitizing or keratolytic medications or have had recent surgery, accident or laser surgery. Any of the above conditions may affect the success of our ability to perform your requested treatment.

### Cancellations:

Please note that we do require a minimum of 24 hours to cancel any reservation.

### Homecare products:

We have a full range of homecare and lifestyle products to complement your spa and salon treatments. They make luxurious gifts too.

# Glo - membership:

Ask your Glo receptionist about our Glo Member program offerings with great discounts and privileges for residents of Bali.

### Glo - guarantee :

We always ensure that our guests leave thrilled after their treatments. Please contact us if you are not happy and we promise to solve the issue within an appropriate time frame, based on availability and with a receipt. Email: georgia@glospabali.com

### **GLO SEMINYAK**

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